



# Essence

at The Pantiles

## DINNER MENU

### Amuse Bouche

#### Appetisers (choose one)

- Makali Fry**, Crispy fried squid with chilli and lime dressing
- Tangra Chilli Prawns**, Kolkata inspired batter fried king prawns, peppers, spring onions, chilli garlic sauce (cr,so,e,gl)
- Khasta Murg**, Atul's signature chicken tikka pie with spiced berry compote (d,gl)
- Gilafi Lamb Seekh Kebab**, Fine spiced minced lamb coated with peppers and onions skewered in the tandoor (d)
- Samosa Chole Chaat**, Crispy vegetable parcels, spiced chickpeas, splashed with sweet yoghurt, mint and tamarind chutneys, Mumbai sev (d,gl) (V)

#### Additional Nibbles £4.95 each

Onion Bhajiya (V) | Chicken 65 | Hariyali Chicken Tikka (d)

#### Mains (choose one)

- Essence Kebab Platter**, An assortment of lamb chop, lime scented king prawn, lehsuni malai tikka, amritsari murg tikka, mustard salmon, apple and corn salad (£6 supplement) (d,cr,mu)
- Amritsari Tandoori Murg**, Chargrilled half a spring chicken, mace and cinnamon marinade, makhni sauce (d)
- Methi Gosht**, Best cuts of leg of lamb cooked with fresh baby spinach, fenugreek tinged with ginger (d)
- Kuzhambu Seafood Curry**, Pan-seared king prawns, sea bass, mussels and grilled asparagus in an aromatic fresh tomatoes and coconut sauce (cr,mu,m,d)
- Essence Makhmali Kofta**, Vegetable dumplings stuffed with baby spinach and cottage cheese, Awadhi sauce (d,n)

Mains are served with chef's choice of vegetable and saffron pulao

#### Choice of Breads £4.50 each

Plain | Garlic | Peshwari Naan | Tandoori Roti | Pudina Paratha

#### Dessert (choose one)

- Apricot Pudding**, stem ginger turmeric ice cream, apricot sauce (d,e)
- Dark Chocolate Fondant**, cocoa nib crunch, orange curd ice cream (d,e,so)
- Passion Fruit Mousse**, chocolate shell, passion fruit sorbet (d,e)
- Choice of Ice Cream** - orange curd (d) | turmeric and stem ginger (d)

**2 courses £32.95 | 3 courses £36.95**

Add a glass of wine or pint of cobra £7

Available Sunday-Wednesday, 5.30pm - 10pm

All prices are inclusive of VAT. A discretionary service charge of 12.5% will be added to your bill. Allergens: (CR)-Crustaceans, (M)-Mussels (D)-Dairy, (E)-Eggs, (GL)-Gluten, (MU)-Mustard, (N)-Nuts, (SO)-Soya, (V)-Vegan