



Essence

at The Pantiles

FATHER'S DAY
21st June 2026

Appetisers

Makali Fry

Crispy fried squid with chilli and lime dressing

Tangra Chilli Prawns (cr,so,gl,e)

Kolkata inspired batter fried king prawns, pepper, spring onions, chilli garlic sauce

Bhatti Ka Murg (d)

Chargrilled chicken supreme marinated in cumin and mace,
served with plum chutney

Lamb Gallouti Kebab (d)

Fine minced lamb marinated with whole spices -
A melt in the mouth Lucknow delicacy

Raj Kachori (d,gl)

A regal street food with spiced potatoes and chickpeas, splash of chutneys,
Mumbai sev and pomegranate



Main Course

Malabar Seafood Curry (cr,mu,m)

King prawns, sea bass, mussels and asparagus cooked in an aromatic coconut
sauce with tamarind pulp, curry leaves and dried red chillies

Essence Kebab Platter (£6 supplement) (cr,d,mu)

As assortment of lamb chop, lime scented king prawn, hariyali tikka,
amritsari murg tikka and mustard salmon served with apple and corn salad

Amritsari Tandoori Kookad (d,mu)

Char-grilled half a spring chicken marinated with rustic spices, tikka masala sauce

Lamb Two Ways (d,mu)

Marinated roast leg of lamb, Sri Lankan lamb sukka, rogan jus

Chargrilled Aubergine (n)

Spiced aubergine mash, purple chips, salan sauce

Main course will be served with aloo muttar masala, saffron pulao and
garlic coriander naan (d,gl,e)



Dessert

Burnt jaggery and mango parfait with salted caramel ice cream (d)

Mirchi margarita for fathers only

Adult £48.95 · Child £28.95

Lunch: 1st seating 12:00 pm - 2:30 pm | 2nd seating 2:45 pm - 5:45 pm

Fathers day menu only

Dinner: 6:00 pm - 10:00 pm

Dinner service, à la carte & father's day menu available. Only one menu applies for the entire table

Despite our best efforts and whilst we have strict controls in place, our food and drink is prepared in areas where cross contamination may occur, and therefore, we are unable to guarantee that our dishes are free from any allergens. Not all ingredients are listed in each dish, please inform your server of any allergies, or dietary requirements. All prices are inclusive of VAT. A discretionary service charge of 12.5% will be added to your bill. Allergens: (CR)-Crustaceans, (M)-Mussels (D)-Dairy, (E)-Eggs, (GL)-Gluten, (MU)-Mustard, (N)-Nuts, (SO)-Soya, (V)-Vegan