



# Essence

at The Pantiles

## CHILDREN'S MENU

### STARTER

#### **Vegetable Mini Samosa Chaat** (d,gl)

Drizzled with tamarind chutney and yoghurt, Mumbai sev  
fresh pomegranate

### MAINS

(please choose one)

#### **Prawn Manga Charu** (cr)

Pan-seared king prawns cooked in a mild, flavoursome  
raw mango and coconut sauce

#### **Essence Fish and Chips**

Battered fried fish with thick-cut chips served with garlic mayo

#### **Duo of Chicken** (d)

An assortment of murg malai tikka and chicken hariyali tikka

#### **Paneer Makhni** (d)

Batons of cottage cheese in a creamy tomato-onion sauce  
tinged with fenugreek

*Main courses are served with plain rice, plain naan and zesty salad (d,gl,e)  
(excluding Fish and Chips)*

### DESSERTS

(please choose one)

#### **Hot Chocolate Brownie** (d)

Vanilla ice cream and chocolate sauce

or

#### **Essence Special Sundae** (d)

Chefs favourite creative dessert for the little ones

**£14.95 per child**

(under 11's)

*Dishes are subject to availability. Please alert our staff if you have any food allergies before you order your food and drink. All prices are inclusive of VAT. A discretionary service charge of 12.5% will be added to your bill.*

*Allergens: (CR)-Crustaceans, (M)-Mussels (D)-Dairy, (E)-Eggs, (GL)-Gluten, (MU)-Mustard, (N)-Nuts, (SO)-Soya, (V) Vegan*