



Essence

at The Pantiles

CHILDREN'S MENU

STARTER

Vegetable Mini Samosa Chaat (d,gl)

Drizzled with tamarind chutney and yoghurt, Mumbai sev, fresh pomegranate



MAINS

(please choose one)

Prawn Manga Charu

Pan-seared king prawns cooked in a mild, flavoursome raw mango and coconut sauce

Essence Fish and Chips

Battered fried fish with thick-cut chips served with garlic mayo

Duo of Chicken (d)

An assortment of murg malai tikka and chicken hariyali tikka

Paneer Makhni (d)

Batons of cottage cheese in a creamy tomato-onion sauce tinged with fenugreek

*All main courses are served with plain rice, plain naan and zesty salad
(excluding Fish and Chips)*



DESSERTS

(please choose one)

Hot Chocolate Brownie

Vanilla ice cream and chocolate sauce

or

Essence Special Sundae

Chefs favourite creative dessert for the little ones

£14.95 per child (under 11's)

Dishes are subject to availability. Please alert our staff if you have any food allergies before you order your food and drink. All prices are inclusive of VAT. A discretionary service charge of 12.5% will be added to your bill.

Allergens: (CR)-Crustaceans, (M)-Mussels (D)-Dairy, (E)-Eggs, (GL)-Gluten, (MU)-Mustard, (N)-Nuts, (SO)-Soya, (V) Vegan